### Enfield 7 miles, Donkey Lane, Enfield 11th Nov 23

This race is one of the top historical races I the UK but after very many years this race had a historical feature as all of the first five home, including winner Grazina Manzotti, were female with first male, Mark Culshaw, around 10 minutes behind Grazina whose time was well ahead of forecast. Surrey Walking Club's David Hoben and Chris Flint sensibly settled for the shorter 6 miles distance to finish at roughly the same time as Mark. The sunny but chilly November weather provided good conditions which the Surrey men enjoyed with both achieving good times and Chris much nearer to David than recently, in fact down to 15 seconds. The 14 starters for the main race represented a very small fraction of numbers at the peak of our event but was satisfactory these days with nearly as many doing the shorter events including a special mile race for the two youngsters.

**Results:** (25 starters overall)

# 7 Miles Mixed A race:

G.Manzotti (Ton W50) 1 hr 4 min 30 sec; 2. M.Peddle (Loughton W55) 1 hr 6 min 57 sec; 3. J.Benson (Ashf W) 1 hr 9 min 53 sec; 4. P.Cummings (AFD W45) 1 hr 11 min 9 sec; 5. M.Noel (Belg W60) 1 hr 13 min 28 sec; 6. M.Culshaw (Ilf M55) 1 hr 14 min 14 sec; 7. S.Bennett (Ilf M65) 1 hr 15 min 26 sec; 8. J.Borgars (Loughton M75) 1 hr 19 min 27 sec; 9. F.Bishop (AFD W60) 1 hr 21 min 14 sec; 10. S.Barnett (E&H W70) 1 hr 21 min 26 sec; 11. J.Arthur (Ilf M60) 1 hr 23 min 24 sec.

### 7 Miles Mixed B race:

1. I.Richards (Steyn M75) 1 hr 10 min 8 sec; 2. S.Morgan (Col H M55) 1 hr 19 min 7 sec; 3. T.Wilkinson (Unatt M60) 1 hr 20 min 55 sec.

# 6 Miles Mixed:

1. **D.Hoben** (Sy WC M70) 1 hr 14 min 52 sec; 2. **C.Flint** (Sy WC M75) 1 hr 15 min 6 sec; 3. S.Cartwright (Col H M65) 1 hr 17 min 46 sec.

# 5 Miles Mixed:

1. S.Baum (Hern H W55) 59 min 37 sec; 2. L.Hall (Ashf W65) 1 hr 1 min 6 sec; 3. S.Leavy (N Hearts M70) 1 hr 7 min 38 sec; 4. J.May (E&H M70) 1 hr 11 min 15 sec; 5. S.Arthur (Ilf W60) 1 hr 28 min 30 sec.

# 3 Miles Mixed:

1. D.Ainsworth (Ilf M75) 47 min 8 sec.

# 1 Mile YAG:

1. L.Cooper ( U13G) 12 min 40 sec; 2. S.Blundell ( U11G) 12 min 58 sec