Surrey Walking Club Open 5km, Tonbridge Track 16th Aug 23

The annual Surrey Walking Club Open 5km has, after a Covid related break, resumed to provide a track fixture over this popular distance in the South. The four SWC entries were joined by 6 guests including Guy Thomas, a very welcome high class young senior athlete who is a member of the Tonbridge Club and who, without great effort lapped the field in sub 23 minutes. SWC's David Crane attempted early on to prevent Guy getting too far ahead and although the gap widened David's time was among the best performances of the very pleasant evening. Visitors occupied the next four places, including a tight battle between Mark Culshaw and John Arthur finishing only a couple of seconds apart. David Hoben and Chris Flint had their usual battle but Chris with an upcoming 100 miles the following weekend fell a minute behind but almost a lap ahead of Hannell.

Results: (10 starters overall)

5 km Mixed:

1. G.Thomas (Ton M) 22 min 38.1 sec; 2. **D.Crane** (Sy WC M40) 25 min 12.9 sec; 3. G.Manzotti (Ton W50) 28 min 59.1 sec; 4. M.Culshaw (Cam H M55) 31 min 25.5 sec; 5. J.Arthur (Ilf M60) 31 min 27.4 sec; 6. G.Heaton (H'field M60) 36 min 10.4 sec; 7. **D.Hoben** (Sy WC M65) 38 min 19.3 sec; 8. **C.Flint** (Sy WC M75) 39 min 19.6 sec; 9. **P.Hannell** (Sy WC M80) 42 min 37.2 sec.

3 km Mixed:

1. S.Arthur (Ilf W60) 32 min 19.7 sec.