

### **Enfield 5 miles, Donkey Lane, Enfield 18th Jan 20**

After what seems like an endless procession of wet days the forty-odd competitors were able to enjoy a perfect sunny, if a little cold, day last Saturday and produced the results to match with several personal bests. Surrey Walking Club was quite well represented with seven out and six in the main race. The first of these, Malcolm Martin, just missed the frame after a further step towards his best form as he battled with Trevor Jones (Steyning) and then Jacqueline Benson (Ashford). Just outside of the top half was Andy Cox in his first race for almost a year but having lost little speed. His 55-minute time was particularly competitive with nine in a four-minute interval around his position. David Hoben, Shaun Lightman and Chris Flint were also part of a quite tight two-minute batch not far behind with David leading them in a good performance. Although isolated Angela Martin battled on to make another improvement in form and a time over two minutes quicker than her time here in November. Being the first race of the new year, the post-race occasion included the prize presentation for this popular league series for 2019. SWC in 4th team only just missed out but were well represented throughout the year despite the location being around 50 miles from our Croydon base using the fastest road route.

#### **Results:**

##### Men 5 miles

1. D. Annetts (N Herts M55) 38 min 0 sec; 2. G. Wilkinson (E&H U20 M) 39 min 4 sec; 3. T. Jones (Steyn M60) 45 min 54 sec; 4. **M. Martin** (Sy WC M60) 46 min 43 sec; 15. **A. Cox** (Sy WC M65) 55 min 2 sec; 19. **D. Hoben** (Sy WC M65) 58 min 0 sec; 21. **S. Lightman** (Sy WC M75) 59 min 14 sec; 21. **C. Flint** (Sy WC M75) 59 min 5 sec.

##### Women 5 miles

1. M. Shott (Belg W) 39 min 11 sec; 2. S. Alves (Barn W45) 44 min 57 sec; 3. M. Morris (M&M U20W) 45 min 37 sec; 16. **A. Martin** (Sy WC W55) 1 hr 2 min 50 sec.

##### 3 miles

1. **P. Hannell** (Sy WC M75) 38 min 0 sec.