

Blackheath & Bromley HAC 3km Champs and Open Meeting, Norman Park Track, Bromley 27th Jul 23

A fair turn-out for this event, in double figures, which Blackheath kindly added to their July Open meeting, saw a good competition with several season's bests and a personal best for Medway's Beatrice Fury and Blackheath's Matt Ellerton. Jonathan Ellerton won the Blackheath Championship although unable to hold winner Hannah Hopper (Cambridge H). Third in the BBHAC Championship was Jonathan's father, Matt, with the best relative performance. Surrey Walking Club also had three starters although only two were able to complete the course - as ever towards the rear of the field despite strong efforts. Chris Flint, just returned from 5 days of 50km at Nijmegen, battled with HHH's Glen Keegan losing out by only a couple of seconds despite the 20 year age gap.

Results:

(13 starters overall).

3 km Mixed

1. H.Hopper (Camb H U20W) 14 min 48.9 sec; 2. J.Ellerton (B&B U20M) 15 min 56.37 sec; 3. G.Manzotti (Ton W50) 16 min 45.81 sec; 4. B.Fury (M&M U20W) 17 min 5.66 sec (PB); 5. T.Checheku-Boamah (B&B U13B) 17 min 40.96 sec; 6. M.Ellerton (B&B M45) 17 min 43.75 sec; 7. M.Culshaw (Ilf M55) 18 min 10.65 sec; 8. P.Cummings (AFD W45) 18 min 18.61 sec; 9. I.Statter (Sy WC M60) 20 min 39.68 sec; 10. G.Keegan (Hern H M55) 22 min 55.07 sec; 11. C.Flint (Sy WC M75) 22 min 57.56 sec.

BBHAC Champs:

1. J.Ellerton; 2. T.Checheku-Boamah; 3. M.Ellerton.

SWC Champs:

1. I.Statter; 2. C.Flint . HCP (nominal) 1.Stattter.