

Surrey Walking Club 10km Champs, Woodcote School Track, Coulsdon 30th Sep 23

Surrey Walking Club's 10km Championship was held within the Veterans AC event, which also included County Championships for Surrey, Sussex, Middlesex and Herts. The event had a start line into double figures in spite of a train strike and the inevitable crowded roads. The weather was perfect for racing with a mildly cloudy. Good to say the winner young Johnny Ellerton for Blackheath & Bromley with the best relative performance of the day not far from his best. Of the women the second performance to win this race was Penelope Cummings. Surrey Walking Club produced two starters with Sussex man, Paul Gaston (M70) only 5 minutes behind Johnny's father Mattew(M50) and both recording time faster than expected. Also from SWC was Peter Hannell(M80) attempting 5Km in a not very fast time. A year older and 2nd Sussex as he braved the full distance was Ron Penfold (Steypning) walking considerably faster than Hannell. We also enjoyed see two newcomers to Race Walking – David Walsh and Sian Baum – taking part with the former well up the field.

Results: (10 starters overall)

10 km Women:

1. P.Cummings (AFD W45) 1 hr 0 min 44.8 sec; 2. S.Baum (Hern H W55) 1 hr 13 min 59.6 sec.

10 km Men:

1. J.Ellerton (B&B U17B) 57 min 19.1 sec; 2. D.Walsh (E&H M60) 1 hr 2 min 47.8 sec; 3. M.Ellerton (B&B M45) 1 hr 8 min 21.6 sec; 4. P.Gaston (Sy WC M70) 1 hr 12 min 47.4 sec; 5. R.Penfold (Steypn M75) 1 hr 13 min 51.05 sec.